

Zebrafish laboratory diets differentially
alter gut microbiota composition

Michael Sieler

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No standard reference diet currently exists for zebrafish studies

- Live feed, a variety of commercial and laboratory diets used in studies
- They contain differing macro- and micro-nutrient profiles
 - Protein: 31 to 60%
 - Lipids: 5 to 34%
 - Carbohydrates: 1 to 30%
 - Varying amounts of minerals and vitamins

Diet can influence the physiology of zebrafish

- Siccardi *et al.* 2009: Differences in weight and length but not body condition
- Fowler *et al.* 2019: Live feed, commercial and laboratory diets influence physiological differences
- Nutritional differences can influence undefined variation in studies

Growth and Survival of Zebrafish (*Danio rerio*) Fed Different Commercial and Laboratory Diets

Anthony J. Siccardi III,¹ Heath W. Garris,¹ Warren T. Jones,¹ Dorothy B. Moseley,¹ Louis R. D'Abramo,² and Stephen A. Watts¹

Influence of Commercial and Laboratory Diets on Growth, Body Composition, and Reproduction in the Zebrafish *Danio rerio*

L. Adele Fowler,^{1,2} Michael B. Williams,² Lacey N. Dennis-Cornelius,² Susan Farmer,³ R. Jeff Barry,² Mickie L. Powell,^{1,2} and Stephen A. Watts^{1,2}

Annual Review of Nutrition

Standardized Reference Diets for Zebrafish: Addressing Nutritional Control in Experimental Methodology

Stephen A. Watts and Louis R. D'Abramo

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Diet can influence zebrafish microbiota

- Rawls *et al.* 2015: high- and low-fat diets manifested differential microbiota compositions
- Arias-Jayo *et al.* 2018: high-fat diet induced dysbiosis and intestinal inflammation of 30 dpf zebrafish
- Diet influence gut microbiomes of other organisms as well

Ontogenetic Differences in Dietary Fat Influence Microbiota Assembly in the Zebrafish Gut

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High-Fat Diet Consumption Induces Microbiota Dysbiosis and Intestinal Inflammation in Zebrafish

Nerea Arias-Jayo¹  · Leticia Abecia² · Laura Alonso-Sáez³ · Andoni Ramirez-Garcia⁴ · Alfonso Rodriguez⁵ · Miguel A. Pardo¹

REVIEW

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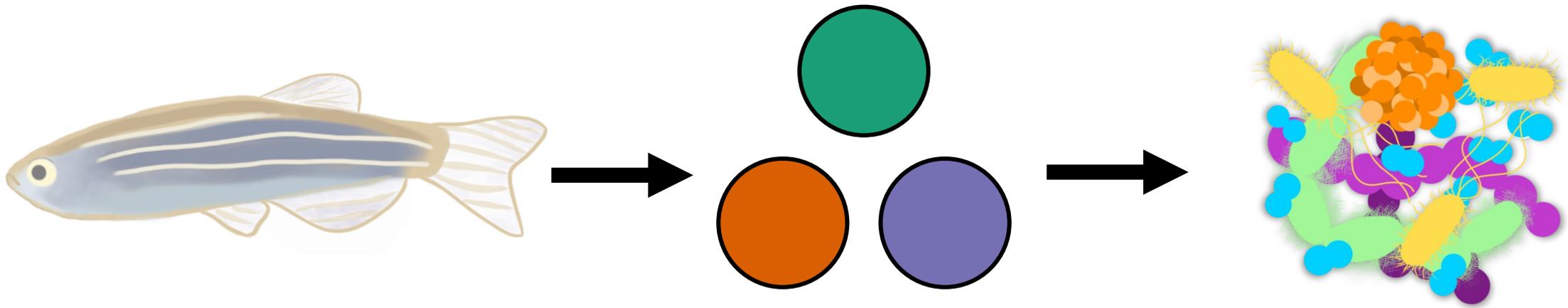
Influence of diet on the gut microbiome and implications for human health

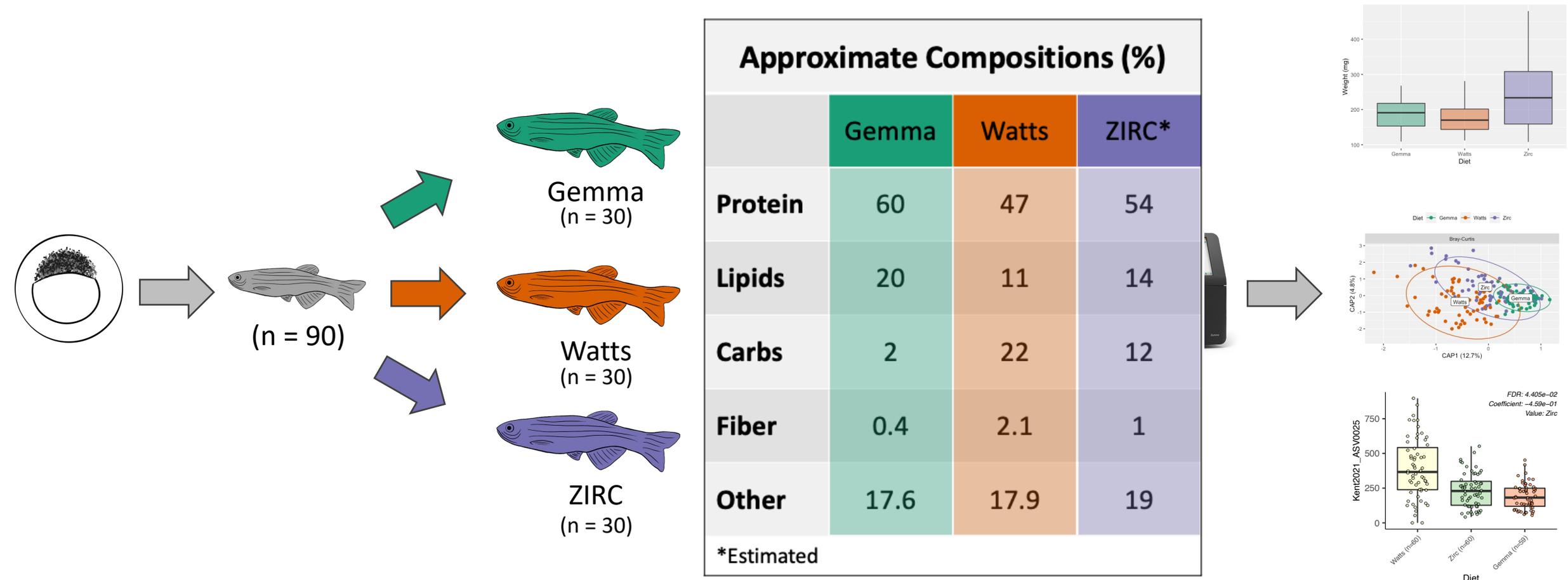
Rasnik K. Singh¹, Hsin-Wen Chang², Di Yan², Kristina M. Lee², Derya Ucmak², Kirsten Wong², Michael Abrouk³, Benjamin Farahnik⁴, Mio Nakamura², Tian Hao Zhu⁵, Tina Bhutani² and Wilson Liao^{2*} 

The microbiome plays an important role in mediating host health

- Immune system, metabolism, nervous system
- Alterations in gut microbiota composition can negatively impact health
- Microbiome-targeted interventions could promote health
- Reproducibility across microbiome-targeted zebrafish studies

Are there diet dependent differences in zebrafish gut microbiomes?





Fed paramecia
(~10 – 30 dpf)

Assigned diets
(~30-130 dpf)

Fecal
Sampling

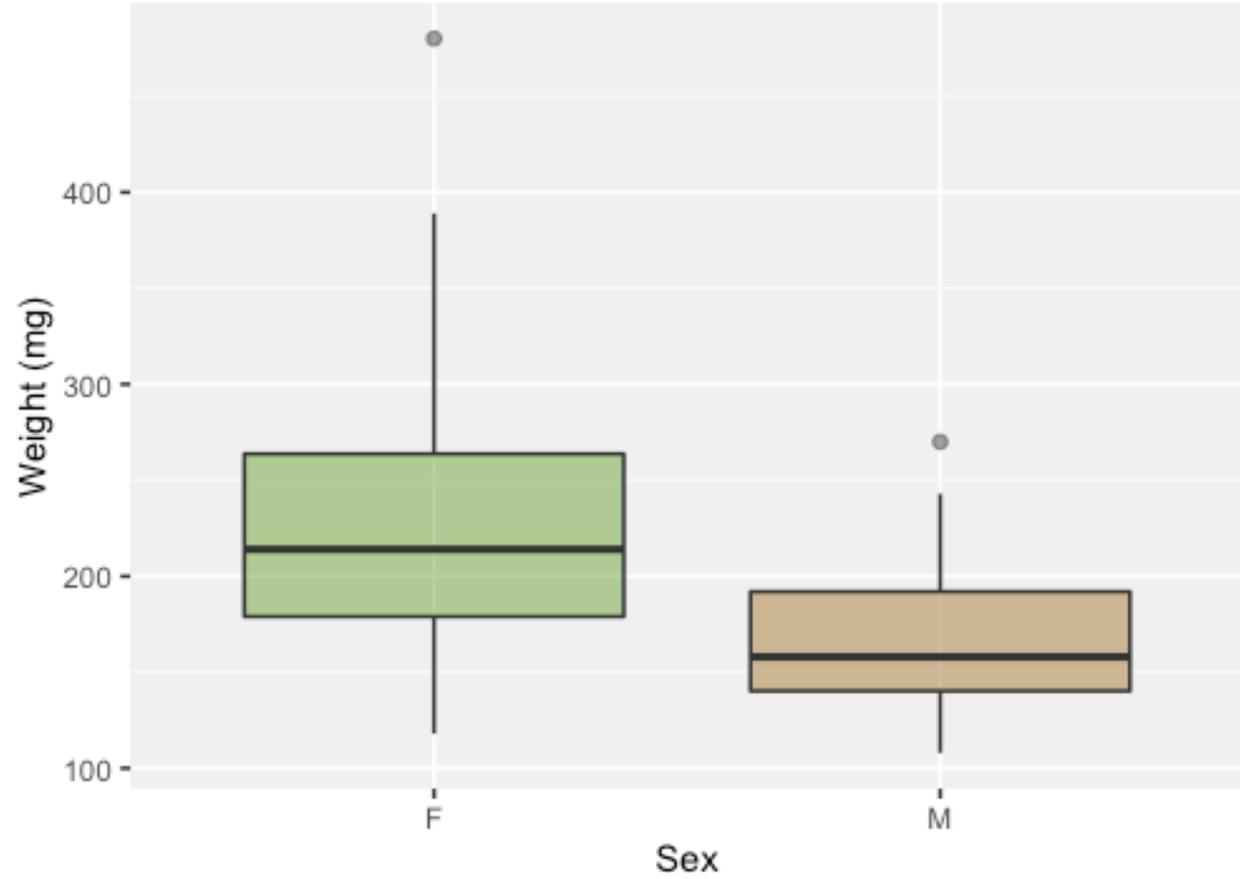
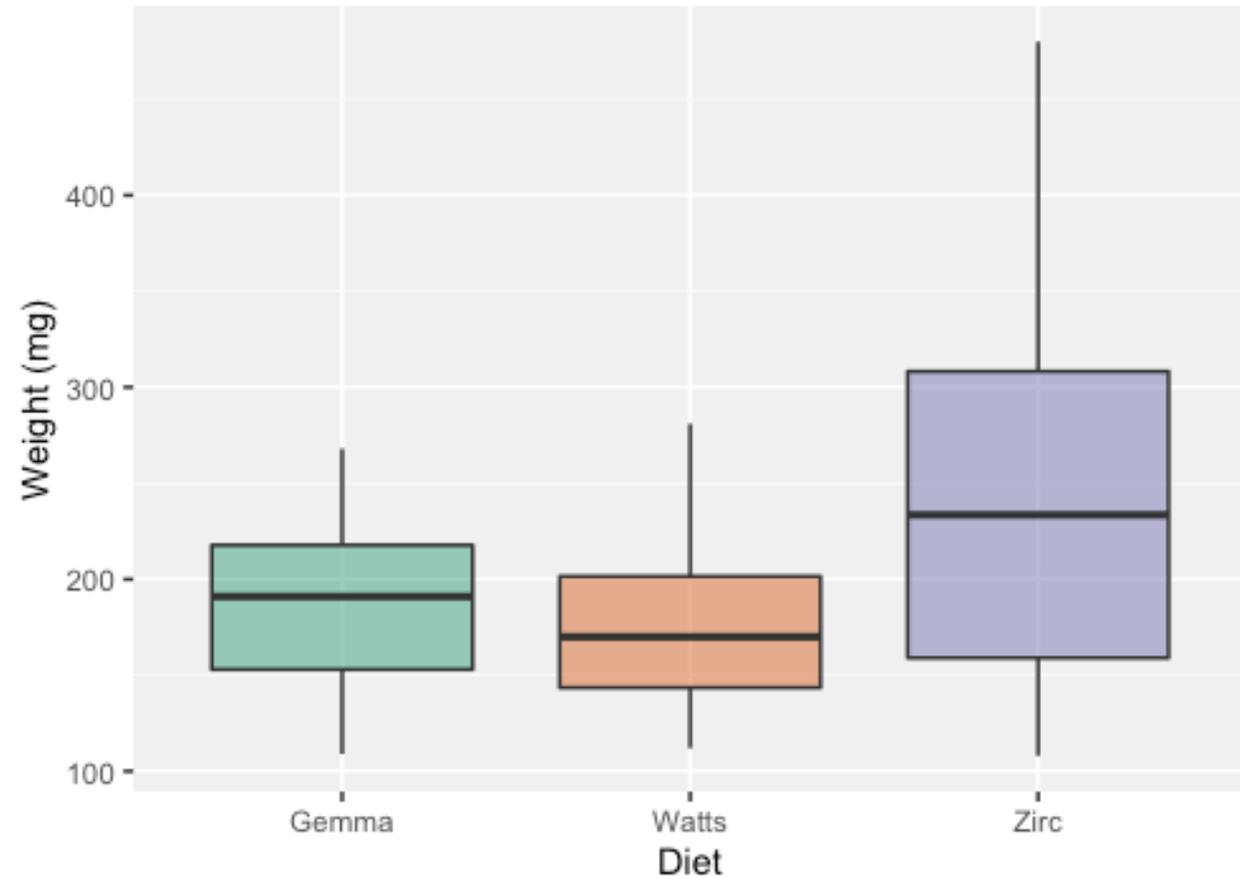
16S
sequencing

Microbiome
analysis

Physiological Results

- Weight
- Body condition score

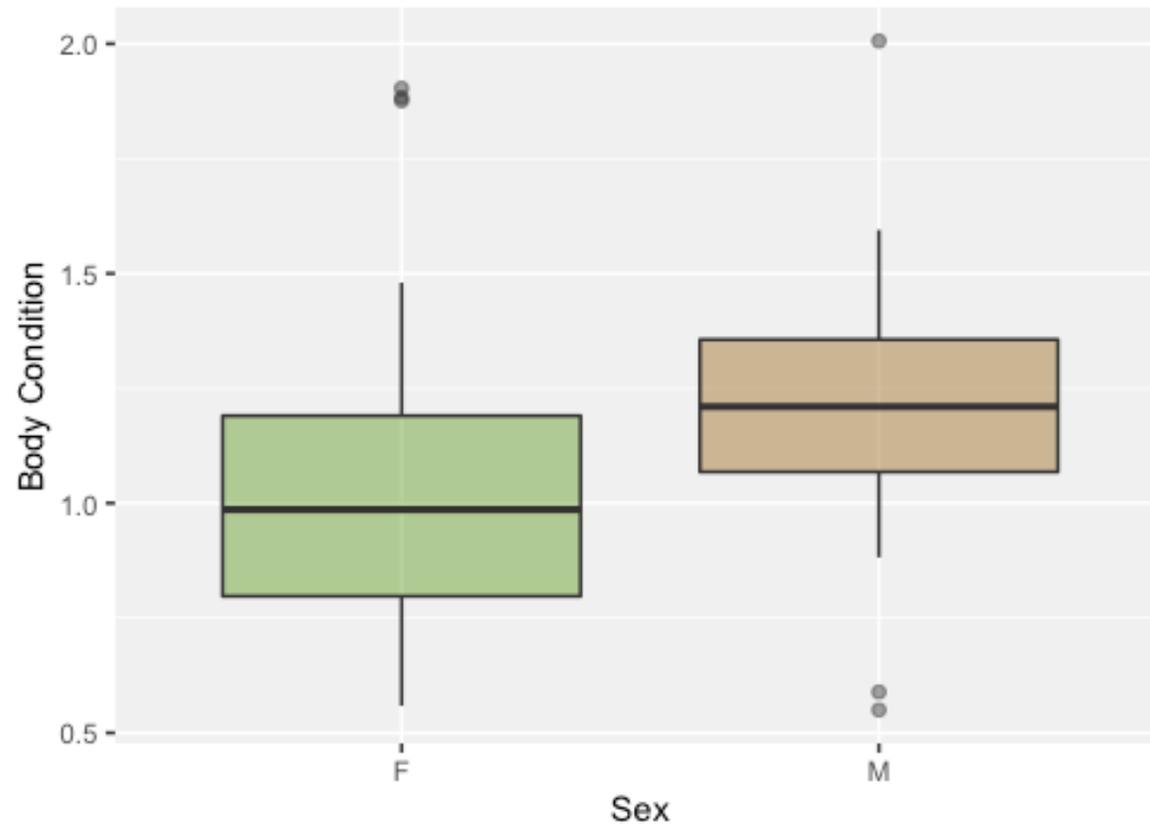
Diet and sex associate with weight



GLM(weight ~ Diet + Sex + Diet:Sex)

Term	Statistic	P-value
Diet	19.05	<0.001

Only sex associate with body condition score



GLM(Body Condition Score ~ Diet + Sex + Diet:Sex)

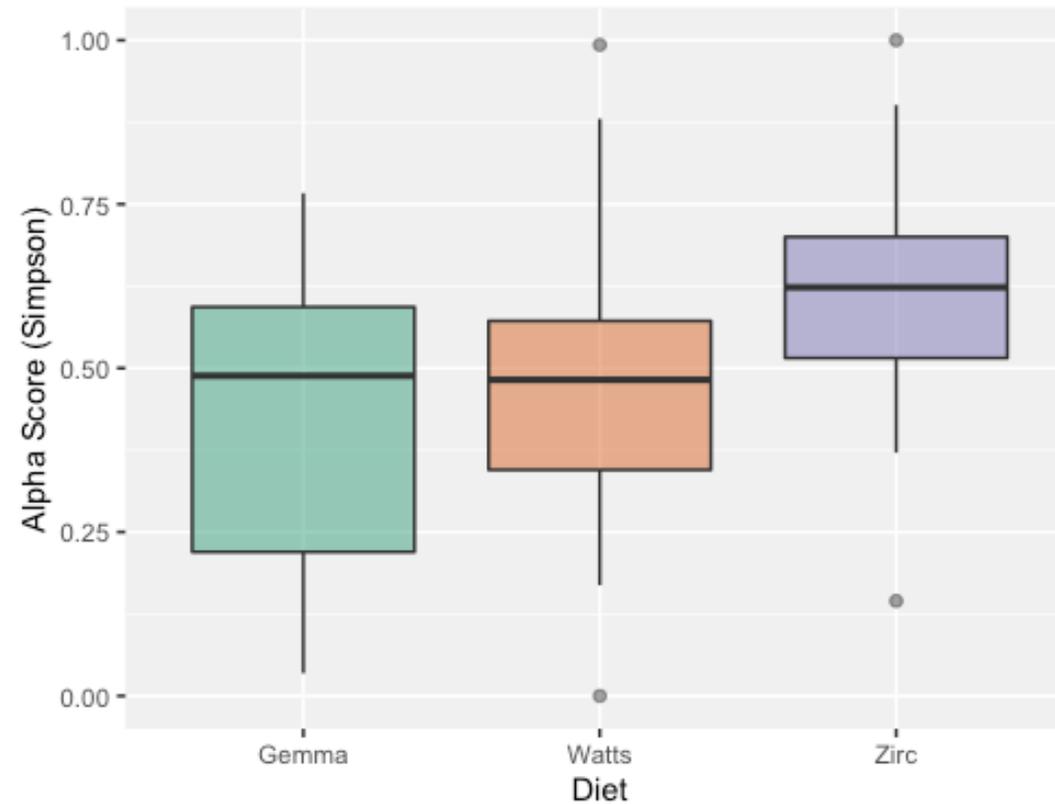
Term	Statistic	P-value
Sex	5.78	0.016

Body Condition Score =
(Weight / Length*Width²)

Microbiota Results

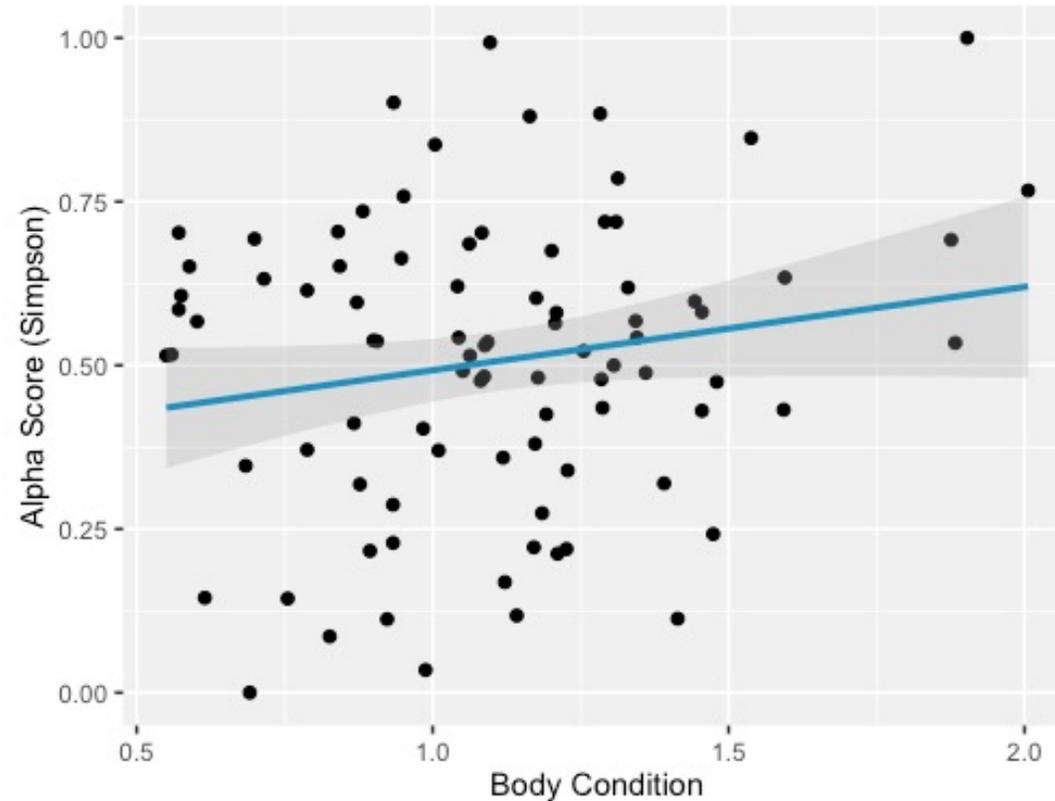
- Alpha diversity
- Beta diversity
- Differential Abundance

The ZIRC diet had the highest alpha-diversity score



Term	Statistic	P-value
Diet	21.42	<0.001

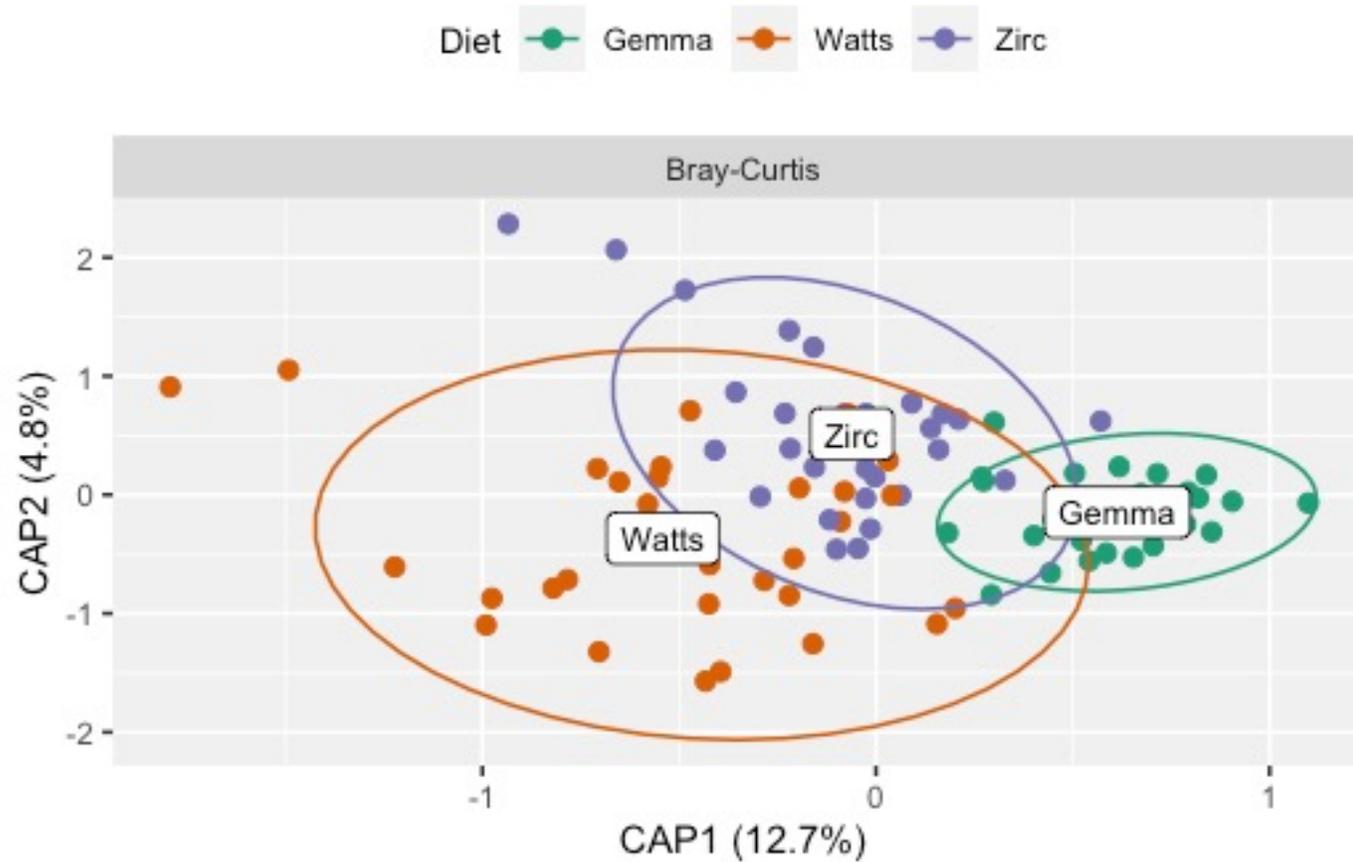
Body condition score positively associated with alpha-diversity score



Body Condition Score =
(Weight / Length*Width²)

Term	Statistic	P-value
Body Condition	8.10	0.004

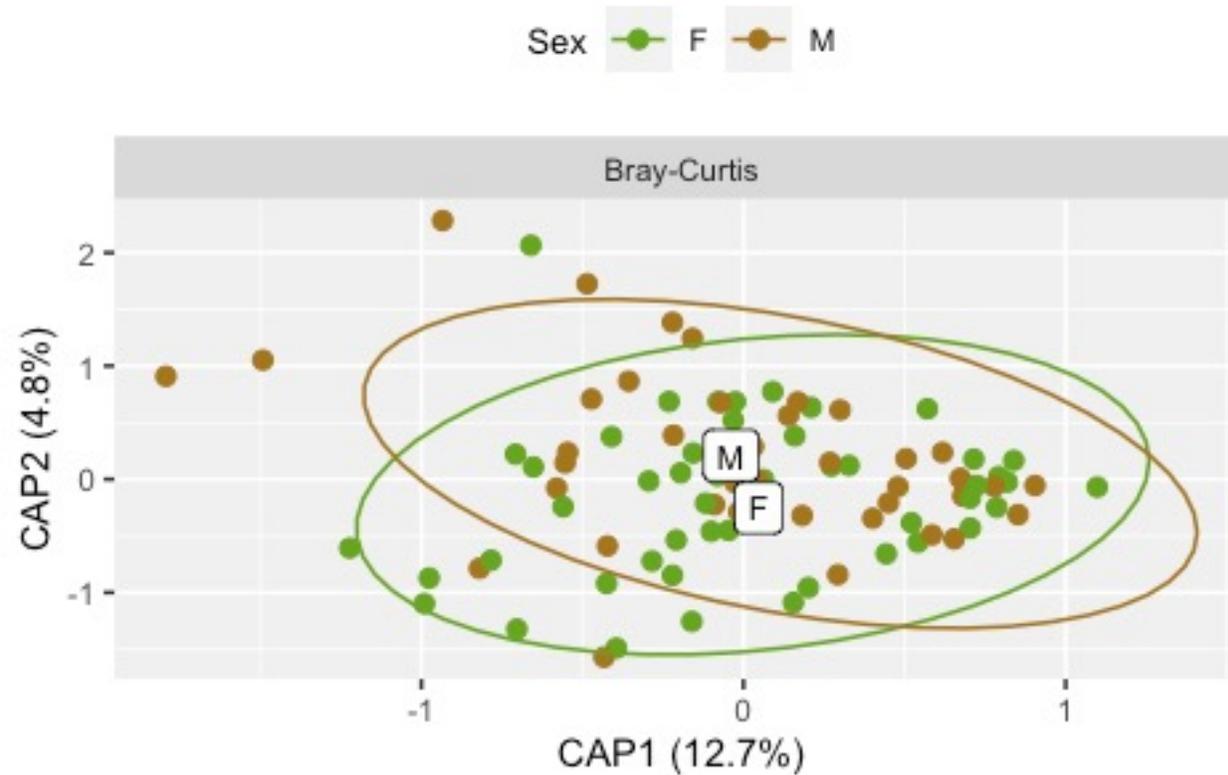
Interindividual variation associates with diet



PERMANOVA:

Term	Statistic	P-value
Diet	16.73	0.001

Interindividual variation associates with sex



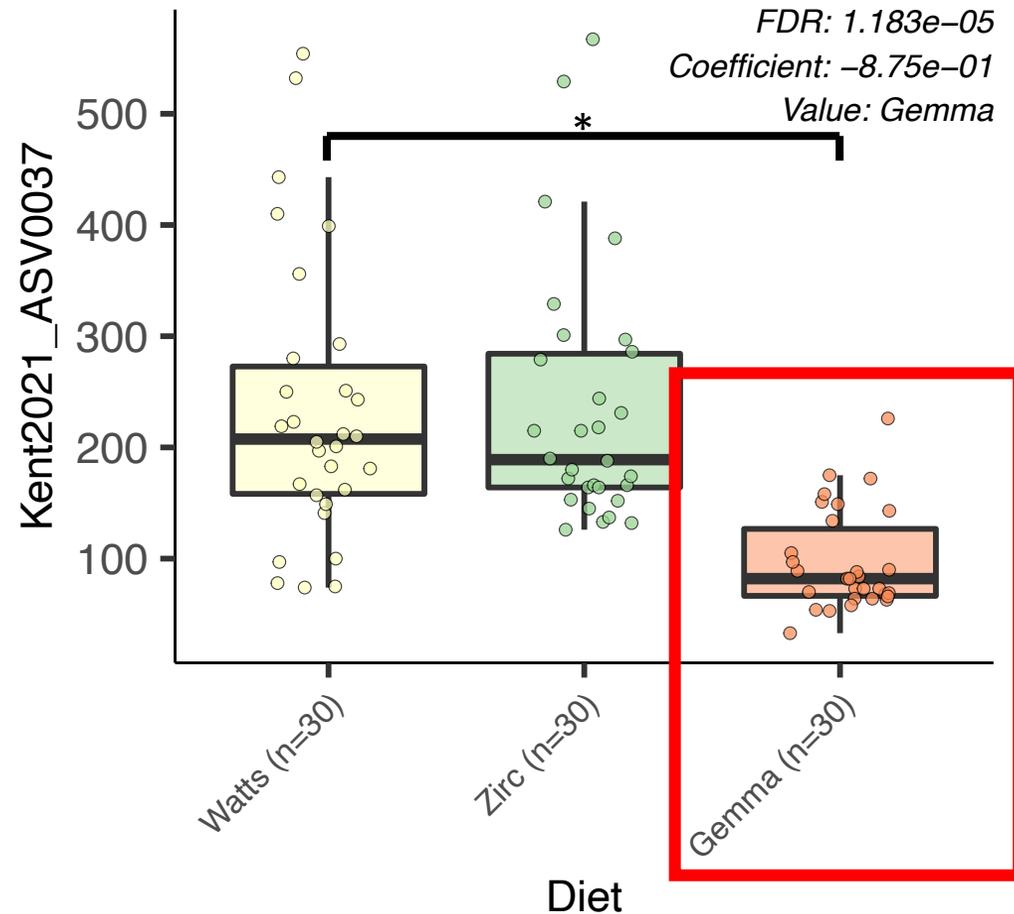
PERMANOVA:

Term	Statistic	P-value
Sex	5.13	0.001

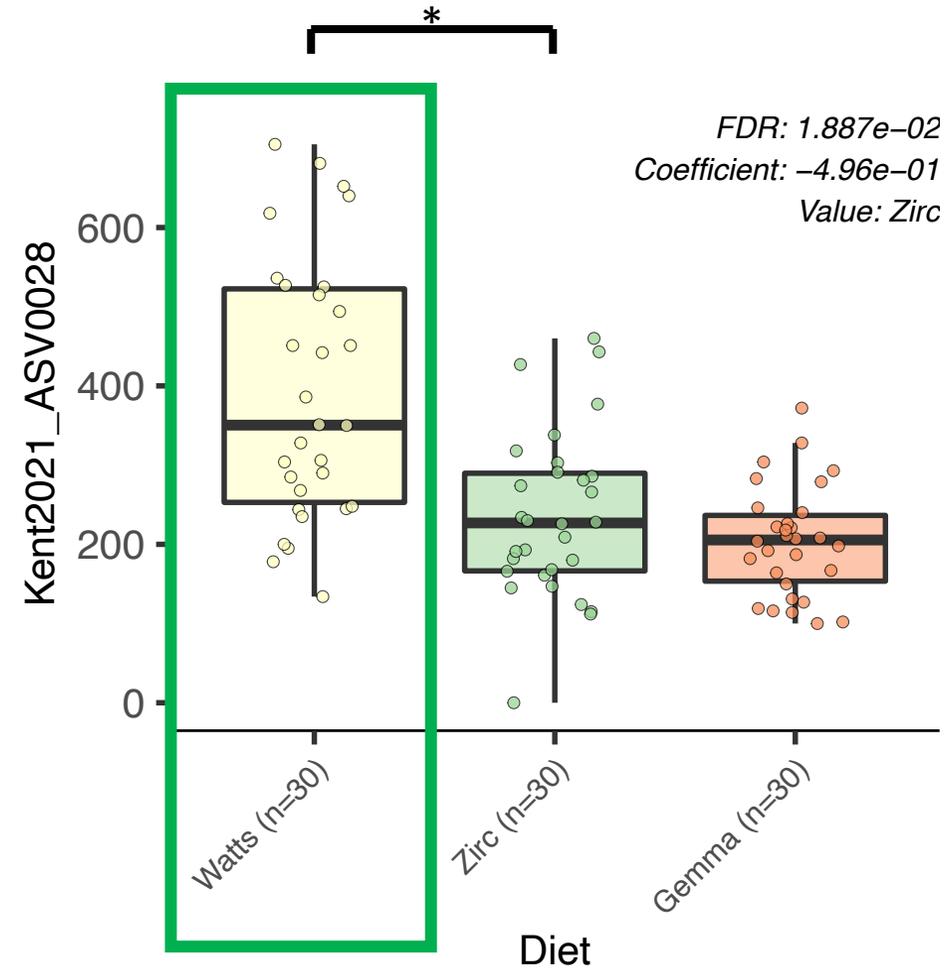
Differential Abundance

- Which ASVs are significantly more or less abundant in a diet
- Negative binomial general linear model
- After quality filtering, 175 of 2015 ASVs significantly associated with a diet

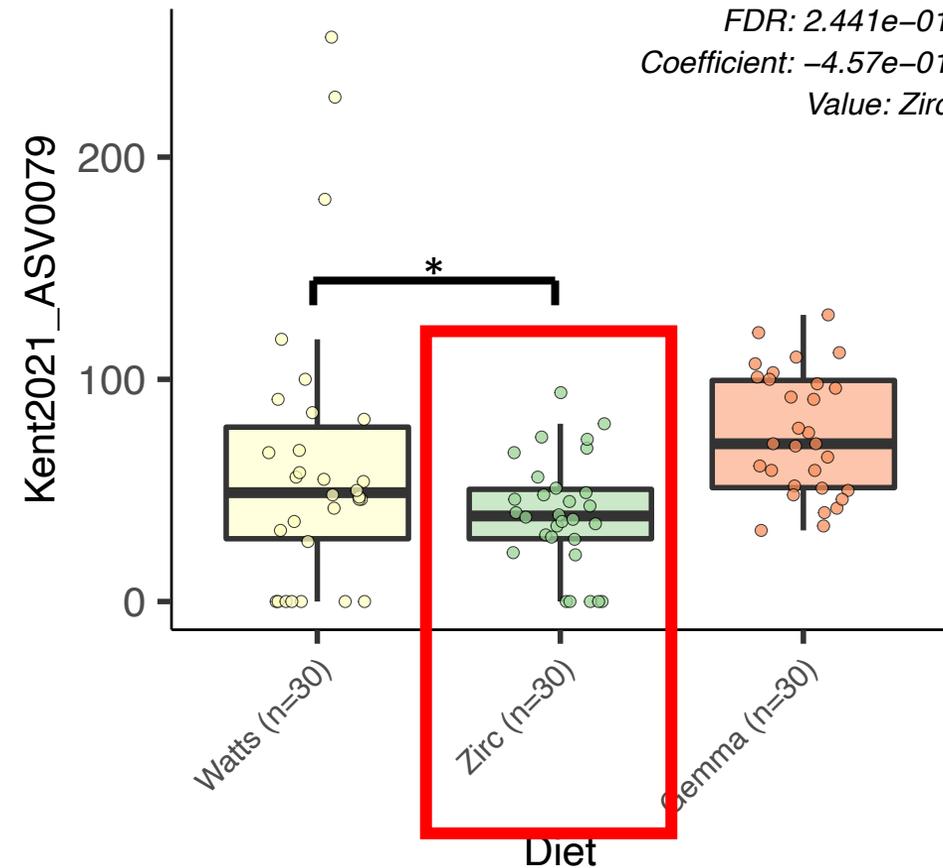
Aeromonas ASVs less abundant in Gemma diet



ZOR0006 was more abundant in Watts diet



Plesiomonas less abundant in ZIRC diet



Conclusion: Common laboratory diets differentially impact composition of the gut microbiome in zebrafish

Alpha-diversity:

- Alpha-diversity impacted by diet, higher in the ZIRC diet

Beta-diversity:

- Compositional variation differed between all three diets
- Gemma had the least beta dispersion compared to Watts and ZIRC diets

Differential abundance:

- 175 ASVs were positively or negatively associated with one or more diets

Establishing a standard reference diet is important for microbiome-targeted zebrafish studies

- Standard reference diet will:
 - Improve understanding of zebrafish health and nutrition
 - Advance knowledge of how the diet and microbiome interact
 - Support reproducibility and interpretability of studies
- Unclear which diet is “best” to study microbiome
- Challenges: development of a germ-free diet that is nutritionally equivalent

Future directions

- Clarify how nutrient profile of diets associates with microbiome composition and health outcomes
- Investigate how microbiome, diet and intestinal infection interact

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